

DAYBREAK

The Adult Day Center Newsletter

2500 North Reynolds Road, Toledo, OH 43615
Day Center Hours of Operation 7:30 to 5:30 M-F
P: (419) 720-4940 F: (419) 720-4941
@MemoryLane_Care
www.memorylanecareservices.org

FACEBOOK: www.facebook.com/MemoryLaneCare/
INSTAGRAM: [memorylane_care_services](https://www.instagram.com/memorylane_care_services/)
TWITTER:

Dear Caregivers,

Labor Day is celebrated the first Monday in September. Labor Day was created by the labor movement in the late 19th century and is considered an annual celebration of workers and their achievements. At the height of the Industrial Revolution the average American worked 12 hour days 7 days a week just to make a living. Even though there were restrictions in many states children as young as 5 or 6 years old worked in factories, mills and mines. At that time working conditions were very unsafe. Many did not have access to fresh air, sanitary facilities and breaks. It is hard to imagine a time when working conditions were so poor and especially difficult to imagine small children working. Labor Day also symbolizes the end of summer for many Americans and is often celebrated with cookouts and parades. All of us here at the day center wish you a safe and happy holiday weekend!

Not only do we celebrate Labor Day in September but we also celebrate Grandparents Day, the first day of Autumn and school days. Activities throughout the month include Labor Day Trivia with Kenny, and a game called "Would You Rather Labor Day Edition" with Anya. The week of Grandparents Day will include a reading group with Rosie "Grandparents Are Hoot" and the center will celebrate with a Grandparents Day Ice Cream Social on Friday the 9th.

September means going back to school as well. On Friday the 9th we will step back in time for reading with Rosie. Do you remember the McGuffey Reader and the Dick and Jane books? Rosie will be reading a story from the McGuffey Reader titled "The Fairy Wand". Don't we all wish we had a fairy wand to help others and make the world a better place. The Dick and Jane books were popular from the 1930's to the 1970's. Many generations of children learned to read with the Dick and Jane books. They were at the height of their popularity in the 1950's. Of course Dick and Jane were the main characters. The other characters included Mother, Father, Baby Sally, Spot the dog and Puff the cat.

Other activities for the month include a music program with John Pickle on Monday the 19th, Paws and Whiskers Visit, and Imagine That with Rosie Best. The week of September 19th we will be celebrating the 1950's with 1950's Trivia, the history of clothing fads and hair styles. The week will end with 1950's photo booth and Root Beer Floats!

We are trying to grow our social media presence. Please follow, like and share our:

Facebook page: (<https://www.facebook.com/MemoryLaneCare/>),

Instagram page: (https://www.instagram.com/memorylane_care_services/), and

Twitter (https://twitter.com/MemoryLane_Care.)

We would appreciate it if you would ask your friends and family to follow, like and share our social media!

Gale Begley
Activity Director



UPCOMING CLOSINGS

The Center and Offices will be closed on the following days in 2022:

Staff training:

Wednesday, October 26, 2022

Remaining Holidays

Monday September 5, 2022, Labor Day

Thursday, November 24, 2022,

Thanksgiving Day
Friday, December 23, 2022, Christmas Eve
Monday, December 26, 2022, Christmas Day
Monday, January 2, 2023, New Year's Day

Do you need incontinence supplies?

MemoryLane received donations of incontinence supplies. We have pull-up and tab style of briefs. We also have inserts for briefs and brief pads.

PLEASE ASK US, WE ARE HAPPY TO GIVE YOU THESE SUPPLIES!

PLEASE JOIN US for Caregiver Education!

**From the Jim Yark Family Conference Room
at MemoryLane Care Services**

(Virtual) Caregiver Coffee with MemoryLane Staff

Would you like to talk with other caregivers about their experiences?

Join us for a (virtual) coffee **every Wednesday at 2 pm**

Learn from others who face the same challenges.

Share insights, advice, and encouragement.

Join by videoconference or phone

September 7 –

September 14 –

September 21 –

September 28 –

Contact MemoryLane Care Services to enroll at

419-720-4940 or email: cconley@memorylanecare.org

Programs are partially supported by the Area Office on Aging of Northwestern Ohio Caregiver Support Program, Yark Automotive Group, and the Toledo Community Foundation, Fund for the Elderly

September Activities

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:30 Labor Day Trivia with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 1:00 Saying Hello and Goodbye to Jobs/Allison 2:00 Bean Bag Toss with Emma 3:30 Red or Black with Pat 4:15 September Easy Does It Trivia with Allison	2 10:30 Old Saying with Kenny 11:00 Exercise/Emma 1:00 Games with Kenny 1:00 Labor Day Watercolors with Anya 2:00 Puzzles with Rosie 3:30 Would You Rather Labor Day Edition/Anya 4:15 Music and Dancing with Pat
5 Day Center and Office Closed Have a Safe and Happy Labor Day	6 10:30 Word Games That Make You Think/Kenny 11:00 Exercise with Rosie 1:00 Let's All Go Down to Tiedke's with Janis 1:00 Table Games/Kenny 2:00 Balloon Volley with Emma 3:30 Music and Drumming with Allison 4:15 Grandparents Are a Hoot with Rosie	7 10:30 Strengthen Your Mind with Kenny 11:00 Yoga with Emma 1:00 Table Games with Kenny 1:00 Cards with Janis 2:00 Light and Lively with Rosie 3:30 Charades with Emma 4:15 Old Toledo Stories with Allison	8 10:30 Pictionary with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 1:00 Crafting with Allison 2:00 Balloon Volley with Emma 3:30 Zingo with Pat 4:15 Remembering School Days with Allison	9 10:30 Everyday Life Trivia with Kenny 11:00 Exercise/Emma 1:00 Table Games/ Kenny 1:00 Sensory Group Fancy Fingers with Anya 2:00 Dick and Jane Reading with Rosie 2:45 Grandparents Day Ice Cream Social 3:30 Avon Reminisce with Anya 4:15 Music and Dancing with Pat
12 10:30 Urban Myths with Kenny 11:00 Exercise/ Allison 1:00 Jewelry Bingo with Janis 1:00 Poker Dice/Kenny 2:00 Team Games with Pat 3:30 Never Have I Ever with Allison 4:15 Music and Dancing with Emma	13 10:30 Pictionary/Kenny 11:00 Exercise with Rosie 1:00 Easy Does It School Days Trivia with Janis 1:00 Table Games with Kenny 2:00 Ring Toss/Emma 3:30 Music and Drumming with Allison 4:15 Going Going but Not Forgotten with Rosie	14 10:30 Old Sayings with Kenny 10:30 Paws and Whiskers Cat Visits 11:00 Yoga with Emma 1:00 Imagine That with Rosie Best 2:00 Painting Bird Houses with Emma 3:30 Pictionary with Emma 4:15 Easy Does It Random Trivia	15 10:30 Penny Ante with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 1:00 Making Cheerio Bird Feeders with Allison 2:00 Bean Bag Toss with Emma 3:30 Red or Black with Pat 4:15 What's Your Preference with Allison	16 10:30 Old Sayings with Kenny 11:00 Exercise/Emma 1:00 Table Games with Kenny 1:00 Fun Facts About Migrating Birds/ Anya 2:00 Puzzles/ Rosie 3:30 Charades with Anya 4:15 Music and Dancing with Pat
19 10:30 Old Sayings with Kenny 11:00 Exercise with Allison 1:00 Music with John Pickle 2:00 Team Games with Pat 3:30 Would You Rather? with Allison 4:15 Elvis Music and Dancing with Emma	20 10:30 Word Games that Make you Think/ Kenny 11:00 Exercise/Rosie 1:00 Horse Racing with Kenny 1:00 Fads of the 1950s-Hula Hoop with Janis 2:00 Balloon Volley with Emma 3:30 Music and Drumming with Allison 4:15 Sewing Reminisce with Rosie	21 10:30 You Tube-12 Things Gone Forever-1950's Life in America with Kenny 11:00 Yoga with Emma 1:00 Table Games with Kenny 1:00 Dominos with Janis 2:00 Light and Lively with Rosie 3:30 Pictionary with Emma 4:15 September Easy Does it Trivia with Allison	22 10:30 Five Clue What Is It? with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 1:00 Apple Stamping with Allison 2:00 Balloon Volley with Emma 3:30 Zingo with Pat 4:15 Which Song Is It with Allison	23 10:30 1950's Trivia with Kenny 11:00 Photo Booth with Emma 1:00 Games/ Kenny 1:00 Sensory Clay Activity with Anya 2:00 1950's Trivia/Fashion 2:45 Root Beer Floats 3:30 Avon Reminisce with Anya 4:15 1950' Music and Dancing with Pat
26 10:30 Urban Myths with Kenny 11:00 Exercise with Allison 1:00 Jewelry Bingo with Janis 1:00 Poker Dice with Kenny 2:00 Team Games with Pat 3:30 Never Have I Ever with Allison 4:15 Music and Dancing with Emma	27 10:30 Word Games That Make Your Think with Kenny 11:00 Exercise with Rosie 1:00 Fall Fashion Show with Kenny and Janis 2:00 Ring Toss with Emma 3:30 Music and Drumming with Allison 4:15 Finish the Word Combination/ Rosie	28 10:30 Old Sayings with Kenny 11:00 Yoga with Emma 1:00 Men's Reminisce with Kenny 1:00 Person, Vegetable, or Bird with Janis 2:00 Light and Lively with Rosie 3:30 Crafting with Emma 4:15 Folding and Sorting with Allison	29 10:30 Penny Ante/Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 1:00 Can You Picture This? with Allison 2:00 Bean Bag Toss with Emma 3:30 Red or Black with Pat 4:15 What's Your Preference with Allison	30 10:30 Pictionary with Kenny 11:00 Exercise with Emma 1:00 Table Games with Kenny 1:00 Sensory Group with Anya 2:00 Reading with Rosie 3:30 Would You Rather? with Anya 4:15 Music and Dancing with Pat

-September MENU-

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey w/Supreme Sauce Buttermilk Potatoes Spring Vegetable Blend Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Sausage w/onions & peppers Baked Beans Coleslaw Hotdog Bun Cookies Milk Mustard Diet – Graham Crackers
5	6	7	8	9
Closed for the Holiday	Chicken Rice Casserole Okra & Tomatoes Mixed Cabbage & Carrots Corn Loaf Muffin Fresh Fruit Milk Margarine Diet - Same	Glazed Ham Whipped Potatoes Spinach Wheat Bread Muffin Milk Margarine Diet - Same	Chilaquiles Casserole Mexican Rice Tossed Salad Flour Tortilla Hot Cherry Apple Betty Milk Ranch Dressing Diet – Spiced Apples	Garlic Rosemary Chicken Au Gratin Potatoes Whole Kernel Corn Breadstick Fresh Fruit Milk Margarine Diet – Same
12	13	14	15	16
Turkey Breast w/Gravy Brown Rice Stewed Tomatoes Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Pineapple Chicken Country Potatoes Herbed Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Turkey Chef Salad Pasta Salad Saltine Crackers Fresh Fruit Ranch Salad Dressing Milk Diet - Same	Meat Bow Tie Casserole Whole Kernel Corn Broccoli & Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Hamburger Patty Baked Beans Oven Roasted Potatoes Hamburger Bun Oatmeal Raisin Cookie Milk Margarine Mustard/Ketchup Diet - Same
19	20	21	22	23
Lemon Pepper Chicken Lima Beans Broccoli & Cauliflower Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Ham & White Beans Herbed Green Beans Garden Veg Blend Dinner Roll Peach Cobbler Milk Margarine Diet – Hot Peaches	Teriyaki Meatballs Oven Roasted Potatoes Glazed Carrots Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Macaroni & Cheese Spinach Succotash Wheat Roll Sugar Cookie Milk Margarine Diet – Graham Crackers	Pork Roast Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet - Same
26	27	28	29	30
Meatloaf w/Gravy Whipped Potatoes Herbed Green Beans Wheat Bread Fresh Fruit Milk Margarine Diet - Same	Chicken Noodle Casserole Spinach Whole Kernel Corn Wheat Bread Sugar Cookie Milk Margarine Diet - Graham Crackers	Glazed Ham Baked Sweet Potato Garden Veg Blend Wheat Bread Mixed Fruit Cup Milk Margarine Diet - Same	Taco Meat Mexican Rice Mixed Beans Flour Tortilla Lettuce/Tomato Fresh Fruit Milk Taco Sauce/Sour Cream Diet - Same	Turkey Chef Salad Three Bean Salad Saltine Crackers Fresh Fruit Milk Ranch Salad Dressing Diet - Same

PLEASE SUPPORT OUR ADULT DAY CENTER

MemoryLane Care Services is a not-for-profit, charitable organization. When you choose to donate to MemoryLane Care Services, you support our adult day center program, caregiver education programs, and care coaching and counseling services. We need your support – generous donations keep our Center open!

There are many easy ways to give:



Sign up for Kroger Community Rewards and a percentage of your everyday purchases will help support our organization. For those of you who have not already signed up, search for: Alzheimer's and Dementia Care Services NW Ohio or search by account # EA388.

Do you shop online?



If you are making purchases online through Amazon, please consider signing in through Amazon Smile using [www.http://smile.amazon.com/ch/81-2432321](http://smile.amazon.com/ch/81-2432321) and Amazon will donate a portion of each purchase to MemoryLane Care Services (formally Alzheimer's and Dementia Care Services of Northwestern Ohio).



Will your employer
MATCH
your gift?

Does your employer have a charitable giving program or matching gift program?

Please consider asking your employer to support MemoryLane Care Services. If additional information is needed, please contact Salli Bollin, sbollin@memorylanecare.org

wish list

- Bird Seed
- Individually wrapped candy (regular and sugar free)
- Copy paper
- 50" or larger Flat Screen TV for the Adult Day Center

**THANK YOU FOR YOUR GENEROUS SUPPORT
100% OF ALL FUNDS RAISED REMAIN IN OUR LOCAL COMMUNITY!!**

MemoryLane Care Services partially supported by:

