

DAYBREAK

The Adult Day Center Newsletter

2500 North Reynolds Road, Toledo, OH 43615
Day Center Hours of Operation 7:30 to 5:30 M-F
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@MemoryLane_Care
www.memorylanecareservices.org

FACEBOOK: www.facebook.com/MemoryLaneCare/
INSTAGRAM: [memorylane_care_services](https://www.instagram.com/memorylane_care_services)
TWITTER:

Dear Caregivers,

The first day of summer is Tuesday June 21st. The day center and office will be closed that day for staff education.

All of us at the center are really looking forward to warm days, sunshine, music on the patio and gardening. Our patio is looking great this year. We have planted tomatoes, cucumbers, green peppers, a variety of herbs and of flowers. We try to use the patio as much as possible and often change an activity so everyone can go outside, get some fresh air and enjoy the summer breeze. Kenny will often play music, host trivia or other word games on the patio. Sometimes it is just nice to sit and enjoy the day!

We have some special guests at the center this month. On Friday June 10th a new musician is coming to play his guitar and sing. His name is Allen Siebert. He has been playing music and singing for many years. Allen said he likes to go into the audience and get participants to sing with him. The participants love to dance and sing, so this will be a really good time!

Rosie Best will be here on Wednesday June 15th for Imagine That. This activity is about story telling. The participants are shown a picture and asked "what do you see". All responses are written down, and Rosie and Linda write a story based on the responses. This is a very well attended group. The participants enjoy this fun and interactive group. Rosie and Linda are scheduled the third Wednesday each month at 1:00 p.m.

Paws and Whiskers will be visiting the third Wednesday of each month. At 10:30, the Garden Room is all set up for anyone who likes to visit with cats and kittens. We have a lot of cat lovers at the center and really enjoy seeing the kittens and the older cats as well. Some of the cats have sad stories of being abandoned or found outside roaming around. Paws and Whiskers does a great job of rescuing and finding homes for the cat lovers out there!

John Pickle will be at center on Monday June 20th at 2:00. He is always so much fun! John has a way of getting everyone to sing and dance. He even gets the staff involved in the show...don't stand too close or he will have you up front singing too!

The week of June 20th to June 24th the center activities will include Brides and Weddings. If you have any wedding photos you would like to share, please bring them in any time. Janis's monthly fashion show will include a few wedding dresses including a vintage dress. I think we have a few staff members will "walk down the aisle" to show off the dresses. Rosie will be leading a group about superstitions about love and marriage, and Anya will be filling us in about a new trend...having your pets be part of your wedding. Sounds like a lot of fun!!

Each week we offer free caregiver programs. Please see page 4 for more information and we welcome you to join us!

We are trying to grow our social media presence. Please follow, like and share our:

Facebook page: (<https://www.facebook.com/MemoryLaneCare/>),

Instagram page: (https://www.instagram.com/memorylane_care_services/), and

Twitter (https://twitter.com/MemoryLane_Care.)

We would appreciate it if you would ask your friends and family to follow, like and share our social media!

Gale Begley

Activity Director



UPCOMING CLOSINGS

The Center and Offices also be closed on the following days in 2022:

Staff training:

Remaining Holidays

Tuesday, June 21, 2022

Monday, July 4, 2022, Independence Day

Wednesday, October 26, 2022

Monday, September 5, 2022, Labor Day

Thursday, November 24, 2022,

Thanksgiving Day

Friday, December 23, 2022, Christmas Eve

Monday, December 26, 2022, Christmas Day

Monday, January 2, 2023, New Year’s Day

Do you need incontinence supplies?

MemoryLane received donations of incontinence supplies. We have pull-up and tab style of briefs. We also have inserts for briefs and brief pads.

PLEASE ASK US, WE ARE HAPPY TO GIVE YOU THESE SUPPLIES!

CAREGIVER EDUCATION AND SUPPORT

June 2022!

**In-person education program at MemoryLane Care Services
2500 N Reynolds Road, Toledo, Ohio**

June 9 – Stress management, caregiver health, and getting help

Contact MemoryLane Care Services to enroll

419-720-4940 or cconley@memorylanecare.org



(Virtual) Caregiver Coffee with MemoryLane Staff

Would you like to talk with other caregivers about their experiences?

Join us for a (virtual) coffee **every Wednesday at 2 pm**

Learn from others who face the same challenges. Share insights, advice, and encouragement.

Join by videoconference or phone

6/8 – Dealing with False Beliefs

6/15 – Home Safety: Medications Management

6/22 – Helpful Technology in Caregiving

6/29 – Asking for Help in Caregiving

Join on your computer or mobile app

[Click here to join the meeting](#)


Or call in (audio only)

872-240-1621 (long distance toll charges apply)

Phone Conference ID: 814 074 969#

Programs are partially supported by the Area Office on Aging of Northwestern Ohio Caregiver Support Program, Yark Automotive Group, and the Toledo Community Foundation, Fund for the Elderly

June Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p>10:30 Strengthen Your Mind with Kenny</p> <p>11:00 Yoga with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Family Feud with Janis</p> <p>2:00 Light and Lively with Rosie</p> <p>3:30 Crafting with Emma</p> <p>4:15 Bunco with Rosie</p>	<p>10:30 Penny Ante with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Animal Therapy with Emma</p> <p>2:00 Team Games with Pat</p> <p>3:30 Red or Black Anya</p> <p>4:15 You Be the Judge with Pat</p>	<p>10:30 Baseball Trivia with Kenny</p> <p>11:00 Exercise with Anya</p> <p>1:00 Friday Afternoon Matinee or Music on the Patio</p> <p>3:30 Dog Idioms with Anya</p> <p>4:15 Motown Dance Party with Pat and Emma</p>
6	7	8	9	10
<p>10:30 Urban Myths with Kenny</p> <p>11:00 Exercise with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Old Sayings with Anya</p> <p>2:00 Team Games with Pat</p> <p>3:30 Never Have I Ever with Anya</p> <p>4:15 Beach Boys Dancing with Pat and Emma</p>	<p>10:30 Word Games That Make You Think w/ Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Emma</p> <p>1:30 Remembering Penny Candy with Janis</p> <p>2:00 Tai Chi with Anya</p> <p>3:30 Charades with Emma</p> <p>4:15 Sweet Trivia with/Rosie</p>	<p>10:30 Old Sayings with Kenny</p> <p>11:00 Yoga with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Bunco with Janis</p> <p>2:00 Light and Lively with Rosie</p> <p>3:30 Animal Therapy with Emma</p> <p>4:15 The Story of the US Flag and Fabulous Flag Day Facts with Rosie</p>	<p>10:30 Penny Ante with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Mind Stretchers with Emma</p> <p>2:00 Team Games with Pat</p> <p>3:30 <u>Mixed Up Flag Day White Board Game</u></p> <p>4:15 You Be the Judge with Pat</p>	<p>10:30 Everyday Life Trivia with Kenny</p> <p>11:00 Exercise/Anya</p> <p>1:00 Music Program with Allen Siebert</p> <p>3:30 Sensory Group with Anya</p> <p>4:15 Dance Party with Pat and Emma</p>
13	14	15	16	17
<p>10:30 Urban Myths with Kenny</p> <p>11:00 Exercise with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Old Saying with Anya</p> <p>2:00 Team Games w/ Pat</p> <p>3:30 Would You Rather? with Anya</p> <p>4:15 Country Music and Dancing with Pat and Emma</p>	<p>10:30 Word Games that Make you Think with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Emma</p> <p>1:30 Five Item What is it? with Janis</p> <p>2:00 Tai Chi with Anya</p> <p>3:30 Pictionary/ Emma</p> <p>4:15 Frequently Asked Questions About Flag Day with Rosie</p>	<p>10:30 Strengthen Your Mind with Kenny</p> <p>10:30 Paws and Whisker Cat and Kitten Visit</p> <p>11:00 Yoga with Emma</p> <p>1:00 Imagine That with Rosie Best</p> <p>2:00 Light and Lively with Rosie</p> <p>3:30 Crafting with Emma</p> <p>4:15 Bunco with Rosie</p>	<p>10:30 Penny Ante with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Animal Therapy with Emma</p> <p>2:00 Team Games with Pat</p> <p>3:30 Red or Black with Anya</p> <p>4:15 You Be the Judge with Pat</p>	<p>10:30 Everyday Life Trivia Kenny</p> <p>11:00 Exercise/Anya</p> <p>1:00 Friday Afternoon Matinee or Music on the Patio</p> <p>2:30 Father's Day Party/Doughnuts with Dad</p> <p>3:30 All About Bees with Anya</p> <p>4:15 Dance Party with Pat and Emma</p>
20	21	22	23	24
<p>10:30 Urban Myths with Kenny</p> <p>11:00 Exercise with Emma</p> <p>1:00 Bingo with Kenny</p> <p>2:00 Music with John Pickle</p> <p>3:30 Never Have I Ever with Anya</p> <p>4:15 Music and Dancing with Pat and Emma</p>	<p style="text-align: center;">Day Center and Office Closed for Staff Education</p> 	<p>10:30 Old Sayings with Kenny</p> <p>11:00 Yoga with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Wedding Dress/Fashion Show with Janis</p> <p>2:00 Story Time with Heidi/Toledo Library Visits</p> <p>3:30 Wedding Watercolors with Emma</p> <p>4:15 Superstitions About Love and Marriage with Rosie</p>	<p>10:30 Penny Ante with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Mind Stretchers with Emma</p> <p>2:00 Team Games w/ Pat</p> <p>3:30 Including Pets in Your Wedding/ Anya</p> <p>4:15 You Be the Judge with Pat</p>	<p>10:30 Everyday Life Trivia Kenny</p> <p>11:00 Exercise/Anya</p> <p>1:00 Friday Afternoon Matinee or Music on the Patio</p> <p>2:30 Wedding Theme Party</p> <p>3:30 Sensory Group with Anya</p> <p>4:15 Music and Dancing with Emma & Pat</p>
27	28	29	30	
<p>10:30 Urban Myths with Kenny</p> <p>11:00 Exercise with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Animal Therapy with Anya</p> <p>2:00 Music with John Pickle</p> <p>3:30 Would You Rather with Anya</p> <p>4:15 Music and Dancing with Pat and Emma</p>	<p>10:30 Word Games That Make You Think</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Emma</p> <p>1:30 Pets Are Family Too with Janis</p> <p>2:00 Tai Chi with Anya</p> <p>3:30 Pictionary with Emma</p> <p>4:15 "Rosie the Cyclone" with Rosie</p>	<p>10:30 Strengthen Your Mind with Kenny</p> <p>11:00 Yoga with Emma</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Bunco with Janis</p> <p>2:00 Light and Lively with Rosie</p> <p>3:30 Pet Therapy/Cats and Dogs Watercolors</p> <p>4:15 A Budding Sense of Humor with Rosie</p>	<p>10:30 Penny Ante with Kenny</p> <p>11:00 Exercise with Rosie</p> <p>1:00 Bingo with Kenny</p> <p>1:30 Animal Therapy with Emma</p> <p>2:00 Team Games with Pat</p> <p>3:30 Red or Black with Anya</p> <p>4:15 You Be the Judge with Pat</p>	

-June MENU-

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Lemon Pepper Chicken Mixed Vegetables Brussel Sprouts Multi Grain Bread Pineapple Tidbits Milk Diet - Same	Pork with Supreme Sauce Whipped Potatoes Sliced Carrots Wheat Bread Devil's Food Cake Milk Diet – Angel Food Cake	Macaroni & Cheese Stewed Tomatoes Spinach Cornbread Fresh Fruit Milk Diet- Same
6	7	8	9	10
Meatloaf w/Brown Gravy Cheesy Whipped Potatoes Brussel Sprouts Wheat Bread Fresh Fruit Milk Diet- Same	Chicken & Rice Casserole Sliced Carrots Winter Vegetables Dinner Roll Brownie Milk Diet – Graham Crackers	Chilaquiles Casserole Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Orange Milk Diet- Same	Glazed Ham Baked Sweet Potato Mixed Vegetables Multi Grain Bread Chocolate Chip Cookie Milk Diet-Graham Crackers	Pork Roast Garden Rotini Cabbage Wheat Roll Pineapple Tidbits Milk Diet-Same
13	14	15	16	17
Vegetarian Chili Baked Potato Green Peas Cornbread Pineapple Tidbits Milk Diet-Same Sour Cream	BBQ Pork Rib Patty Macaroni & Cheese Glazed Carrots Hamburger Bun Fruit Cocktail Milk Diet-Same	Parmesan Chicken Rotini & Tomatoes Broccoli Wheat Bread Peanut Butter Cookie Milk Diet-Vanilla Wafers	Turkey Breast w/Gravy Country Potatoes Green Beans Wheat Roll Strawberry Fluff Milk Diet- Fruited Gelatin	Father's Day Meal BBQ Chicken Patty Baked Beans Whole Kernel Corn Wheat Hamburger Bun Chocolate Swirl Pudding Milk Diet- Vanilla Pudding
20	21	22	23	24
To be Announced	Center Closed for In-Service Staff Training!	Pasta Primavera Okra & Tomatoes Sliced Carrots Dinner Roll Fresh Fruit Milk Diet-Same	Garlic Rosemary Chicken Oven Roasted Potatoes Green Beans Multi Grain Bread Fresh Fruit Milk Diet-Same	Glazed Ham Whipped Potatoes Broccoli with Cheese Wheat Bread Birthday Cake Milk Diet- Angel Food Cake
27	28	29	30	July 1
Salisbury Beef w/ Gravy Buttermilk Potatoes Green Beans with Tomatoes & Onion Wheat Bread Fresh Fruit Milk Diet - Same	Sausage Patty Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Assorted Jelly Diet-Same	Creamy Paprika Chicken Macaroni & Cheese Garden Vegetables Multi Grain Bread Fruited Gelatin Milk Diet - Same	Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Orange Milk Diet - Same	BBQ Pork Rib Patty Crispy Cubed Potatoes Baked Beans Hamburger Bun Fresh Fruit Milk Diet - Same

PLEASE SUPPORT OUR ADULT DAY CENTER

MemoryLane Care Services is a not-for-profit, charitable organization. When you choose to donate to MemoryLane Care Services, you support our adult day center program, caregiver education programs, and care coaching and counseling services. We need your support – generous donations keep our Center open!

There are many easy ways to give:



Sign up for Kroger Community Rewards and a percentage of your everyday purchases will help support our organization. For those of you who have not already signed up, search for: Alzheimer's and Dementia Care Services NW Ohio or search by account # EA388.

Do you shop online?



If you are making purchases online through Amazon, please consider signing in through Amazon Smile using [www.http://smile.amazon.com/ch/81-2432321](http://smile.amazon.com/ch/81-2432321) and Amazon will donate a portion of each purchase to MemoryLane Care Services (formally Alzheimer's and Dementia Care Services of Northwestern Ohio).

MATCHING GIFT PROGRAMS

Does your employer have a charitable giving program or matching gift program?

Please consider asking your employer to support MemoryLane Care Services. If additional information is needed, please contact Salli Bollin, sbollin@memorylanecare.org

ADULT DAY CENTER WISH LIST

- Bird Feeders
- Bird Seed
- Individually wrapped candy (regular and sugar free)
- Copy paper
- Outdoor Spring Flowers and seeds
- 50" or larger Flat Screen TV for the Adult Day Center

MemoryLane Care Services partially supported by:

**THANK YOU FOR YOUR GENEROUS SUPPORT
100% OF ALL FUNDS RAISED REMAIN IN OUR LOCAL COMMUNITY!!**

